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**WORLD'S PRIME  
PRIMATOLOGIST**  
AN INTERVIEW WITH  
JANE GOODALL {page 3}



**LUSH LIFE**  
**RUSSELL BRAND**  
**KNOWS IT ALL**  
**TOO WELL** {page 10}



HALIFAX

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Wednesday, April 6, 2011  
www.metronews.ca



News worth sharing.



► Members of the cast of *West Side Story* rehearse a scene yesterday during a media call at Neptune Theatre. Opening night for the popular play is Friday. See page 5 for more on the show.

RYAN TAPLIN/METRO

## Musical theatre the West Side way

### HRM council

### Looking for ways to finance arena's upgrade

► Consultant tackles \$21.9M plan {page 4}

### Federal campaign

### Court deals blow to Greens' debate crusade

► Judge refuses to rush a ruling {page 7}

# Back in the red

- Net provincial debt down to \$13B
- Concessions made to university students

Well, it was a good surplus while it lasted.

Finance Minister Graham Steele unveiled the NDP's third budget yesterday, projecting a \$389-million deficit for 2011-12. That's slightly more than the \$370 million predicted last December.

But it's significantly less than the \$447-million surplus for 2010-11, revealed Monday night. A year ago today, the government projected a \$222-million deficit for 2010-11.

Steele said that, surprise surplus aside, things are progressing as planned along the oft-cited back-to-balance schedule.

"The challenges remain, but we're making smart, sensible, steady progress," he said.

In the budget tabled yesterday, the province projects a deficit of \$215 million in 2012-13 before turning a modest surplus of \$15 million the following year.

But not everyone has confi-

### Rare occurrence

- Last year's surplus will mean a debt payment made for just the seventh time in past 50 years.

dence in the government's predictive powers.

"They've inflated investment and lowballed revenue with the hope they're going to come in (with a surplus)," said Liberal Leader Stephen McNeil. "Nova Scotians can no more believe in the numbers that were presented to us today than the ones that were presented last year."

But Steele had strong language for such criticisms.

"The revenue estimates are formulated by the same people following the same procedures ... as under previous Liberal and Conservative governments."

● ALEX BOUTILIER

MORE COVERAGE, PAGE 2



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1  
news

## News on the move

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## On the web at metronews.ca

**Canadian actress Kristin Booth says she had no hesitation about joining beleaguered miniseries The Kennedys. Video at metronews.ca**

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Tories come under withering fire for early social media stumbles. Scan the code for the story.

# More programs, same funding

► HST increase expected to bring in \$344 million ► Liberals call estimates inflated, Tories criticize new programs during deficit



► Finance Minister Graham Steele answers questions from reporters yesterday prior to tabling the 2011-12 provincial budget at Province House.

Several new initiatives were announced in this year's provincial budget, but departments will be asked to accommodate them with the same funding levels as last year.

Finance Minister Graham Steele's budget, tabled in the legislature yesterday, holds departmental spending at 2010-11 levels for the coming fiscal year. Despite this projection, spending will increase by \$323 million due to university funding coming back on the books this year.

The NDP's new initiatives include an increase of \$250 on personal income tax exemptions, \$34.4 mil-



**"There's no question (the government has) downloaded a lot of the responsibility in terms of covering the expenses ... They're asking other entities to do some of the work they're not willing to do."** LIBERAL LEADER STEPHEN MCNEIL

lion toward the Better Care Sooner strategy and providing \$7.9 million in tax breaks to low-income families.

"There are new things that need to be responded to every year," Steele told reporters yesterday.

"But the important thing is that for every single new program, we have reduced

spending in order to find the money. What we are not doing is ... spend, spend, spend."

Progressive Conservative Leader Jamie Baillie said the focus should be on balanced budgets, not tax relief during deficit times.

"I think the most important thing we could do for Nova Scotia right now is re-

turn to a balanced position," said Baillie. "Only after that should we begin to look at things like tax relief ... and looking at new spending programs then."

But Steele challenged the opposition to identify which new initiative — most of them very politically palatable — they would like to cut.

"These are necessary and important measures," said Steele.

"We say to anybody who says these new initiatives should not have been undertaken, tell us which ones they would not have funded."

● ALEX BOUTILIER

## \$323M

The amount program spending will increase this year, entirely due to putting university funding back on the annual books. Previous practice funded universities for two years in one budget, partially obscuring the real cost.

## \$3M

"Protection fund" established to keep emergency rooms across the province open. The province is also planning to hire four new nurse practitioners for nursing homes, 169 new nursing home beds and expand the "caregiver benefit" by \$1.8 million.

## \$200M

Amount planned for investment in an economic development strategy. Of that total, \$28 million will go to a "productivity investment program," \$22.9 million to "innovation," and \$2.15 million to help local business compete globally.

## \$13.06B

The province's net debt as of March 31. That number is down from an estimated \$14.002 billion, projected in April 2010 for fiscal year end. The government expects to save approximately \$44 million in debt-servicing costs annually.

● ALEX BOUTILIER



## Rankin takes leave of absence

Coun. Reg Rankin wasn't in council yesterday and it was soon apparent why.

The Timberlea-Prospect councillor released a statement announcing an indefinite leave of absence.

"After significant personal reflection and through the ongoing support of my family and friends, I have made the decision to seek professional help and medical treatment," he wrote in a statement.

"I would respectfully request privacy for me and my family during this time. As this is a personal matter, I will be making no further statement."

Mayor Peter Kelly wouldn't discuss the leave with reporters yesterday when he was informed of Rankin's decision. But he did say council did not push Rankin to seek help.

"I'm not aware of any of those types of discussion. It was his personal decision, his personal choice," Kelly said yesterday.

The mayor sent out a memo last summer warning councillors about the dangers of drinking and driving. A councillor, who spoke anonymously to Metro in July, said the memo was directed to a few specific councillors including Rankin.

Last month, Rankin was reportedly drunk at a police ball when he made an inappropriate comment to a woman there. Soon afterward, he stepped down from the Board of Police Commissioners.

As for the district of Timberlea-Prospect in the meantime, Kelly said council and staff will pitch in to help while Rankin is away.

● JENNIFER TAPLIN

**1991** The year Reg Rankin was first elected as councillor.



# Jane Goodall aims to inspire local youth

► World famous primatologist hopes to come back to Halifax and spend more time with young people

World famous primatologist, ethologist, anthropologist and UN Messenger of Peace Jane Goodall was at The Discovery Centre yesterday morning.

The 77-year-old from London, England, carrying her stuffed monkey Mr. H, spoke to students from several different schools about memories, life experiences and her most recent organization called Roots and Shoots.

Metro had a chance to speak with Goodall following her presentation.

**Why is Mr. H so special to you? He goes with you everywhere?**

Mr. H was given to me 16 years ago by a man who lost his eyesight. He thought he was giving me a stuffed chimpanzee, and I said, "Gary, you have no excuse. I know you can't see it's the wrong colour." But I made him hold the tail, and he said, 'Never mind, take him with you where you go and you know my spirit's with you.' So, he's been to 59 countries with me now. H stands for Haun, Gary Haun. Fortunately, it also stands for hope."

**What is one of your favourite memories with a primate?**

I think a very, very special moment was when old Flo who after all grew up being afraid of me, she's a wild chimpanzee, and yet she had so much trust in the end that she let her precious little five-month-old infant walk up. She kept her hand around him, but she let him walk over to me and reach out and touch my nose. It was a very special moment.

**What do you hope to see happen in the future in regards to primates?**

The urgent thing now is to protect the habitat so that the primates can live in their habitats and be studied. So in many cases the actual research project can help in conservation because it focuses attention and it's easier to stop poaching if there's some kind of presence there.

**Is there a moment that helped you decide what you wanted to accomplish?**

The major one is going to

this conference in 1986 at which I realized for the first time the extent of the destruction of the habitat and the decrease in numbers of the chimpanzees across Africa.

**Is there any message you want to send youth that was not at your presentation today?**

Youth are the ones who have to grow up and cope with the mess that we've left them. So, it's very important to encourage them as much as we can so that they don't get overwhelmed with hopelessness which is what I've found was happening all around the world.

**Do you have any advice for people aspiring to be like you?**

It would be exactly what my mother said to me. If you really want something and you work hard and you take advantage of opportunity and you never give up. But it's hard, especially in the economically difficult times.

— LAURA WARREN



► Renowned primatologist Jane Goodall holds her stuffed monkey Mr. H after getting her photo taken with a group of students at The Discovery Centre yesterday.

**"If you share your life in a meaningful way with an animal, you know perfectly well that they do have personalities."**

JANE GOODALL

## Roots and Shoots

► Leaders The Roots & Shoots Program is dedicated to inspiring and training future leaders. There are over 500 Roots & Shoots programs in Canada.

► World "With Roots & Shoots I want to see a family around the world in every country, young people who respect all life and who understand that while we need money to live, we shouldn't live for money," Goodall said yesterday.



**Rick Howe**  
Weekdays  
3 pm - 7 pm

# Great talk

No matter which way you lean

## News 95.7

News.Talk.Sports.



**Jordi Morgan**  
Weekdays  
9 am - 12 pm





► Visitors to the Dartmouth Sportsplex walk into the nearly 30-year-old building yesterday.

# Aging facility may get facelift

► Dartmouth Sportsplex built in 1982 ► Sportsplex and Forum financially stable because of bingo events



JENNIFER TAPLIN  
@METRONEWS.CA

The Dartmouth Sportsplex currently looks like a poor cousin compared to the brand new Canada Games Centre, but that could change.

Halifax regional council was briefed on a consultant's report on a proposed \$21.9-million facelift to the Sportsplex with what will include a two-storey fitness centre, aquatic upgrades, a new gymnasium and traffic flow upgrades.

While it's in a good location, the Sportsplex is an aging facility suffering from declining

membership.

The municipality will spend \$250,000 this year to develop design details and pricing. Staff told council they hope construction would start in 2013 and finish in 2015.

But the hard part is paying for it.

"We are facing some financial challenges in the next few years but we need to look at these," said Coun. Debbie Hum, speaking to the revitalization of several recreation facilities including the Sportsplex.

The 85-year-old Forum is also being considered for upgrades, said Betty Lou Killen, with facility planning.

## Up for approval

► These two revitalization proposals, and others, will be sent to the audit and finance committee for consideration of funding options. Individual projects will return to council for approval.

She said this iconic landmark is ideal for redevelopment but it's at a high risk of getting a return for investment because of new facilities like the Canada Games Centre and the oval.

"Upgrading this facility will provide a source of pride for decades to come," Killen said.

# Halifax needs stadium movement for Cup bid

Halifax is under the gun to solidify plans for a stadium before the end of the year.

The Canadian Soccer Association was in town yesterday for a site inspection as it reviews seven potential host cities for the 2015 FIFA Women's World Cup.

CSA general secretary Peter Montopoli said Halifax stacks up in all other areas — the convention centre, hotels and training fields — and said he is "very encouraged" by the city's stadium plans.

But progress in the summer will be critical, with the CSA coming back in mid-September with FIFA for a two-day visit in advance of the official host announcement

## The competition

► Halifax is the only potential host city without a stadium. Vancouver, Montreal, Ottawa, Edmonton, Winnipeg, and Moncton are the others.

► Montopoli said "a minimum" of six cities will be selected, depending on "which ones meet the minimum standards according to FIFA regulations."

► The goal is to make it a "coast-to-coast event."

in early 2012.

"If things become very much delayed, and it's backed into 2012 before decisions are made, I would say it would have an impact (on Halifax's chances)," Montopoli said.

"But certainly not yet, in the 2011 time frame, according to what I've heard."

HRM hopes to complete the business case for a new stadium by June. If approved, the second phase moves to site selection and preliminary design.

Grant MacDonald, Events Nova Scotia's director of major events, said Halifax hopes to "show forward momentum" by September.

"We will continue on that path (toward becoming a host city) and will do so until it becomes clear it may not be possible," he said. "But we certainly believe it will be possible."

● MATTHEW WUEST

# Donation records to go online

Campaign donations to HRM councillors will soon be posted on the HRM's web site.

Coun. Brad Johns has been pushing for transparency and the end of developer donations to campaigns. He was going to put forth a motion yesterday to involve the province in creating a public data-

base of campaign contributions.

"I was bringing this forward because I thought we didn't have the ability to do this on our own," he said.

But after talking to staff, he said a complete database going back to 2008 is in progress and will be posted on

www.halifax.ca. There is free access to these records, but the requests must be made in person at the clerk's office. The documents must remain there but may be photocopied.

● METRO



► Brad Johns

# Authority confirm cases of C. difficile

The Cape Breton Regional Health Authority says the death of a palliative care patient is related to the outbreak of C. difficile at the district's health facilities.

Clostridium difficile has been identified as a contributing factor by the health authority in the deaths of five patients with underlying medical issues.

In addition, six new in-patient cases have been diagnosed in recent days, bringing the total to 26.

THE CANADIAN PRESS

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## WANTED LIST

**Second man arrested**

Police have arrested another man from its Outstanding Warrant Wanted List.

Frederick Roy Crowell, 56, was arrested by Halifax RCMP after receiving a tip from the public and

was scheduled to appear yesterday at Dartmouth provincial court.

It's the second person police have arrested by its new "Wanted List" of people outstanding arrest warrants since going public on March 30.

The first — Bryden Grant Mader, 19 — was arrested on March 31.

There are now six people remaining on the list, which is to be updated by-monthly.

● METRO

**Search continues for missing man**

The search for a missing local man continued yesterday in the Crystal Crescent Beach area.

Halifax Regional Police say in excess of 100 people have been involved in the search for 46-year-old Peter (Pete) White, who has been missing since Sunday.

"A fresh team has come in today and are continuing to arrive at this time," said police spokesman Const. Brain Palmer yesterday morning.

Late in the day, Palmer said the search would continue into the evening and was expected to pick up again tomorrow morning.

Search and rescue crews from Halifax and the surrounding areas have been involved, as well as the coast guard and a helicopter from the Department of Natural Resources.

Police say White is known for taking long bike rides. He was reported missing on Monday at 1



► Peter (Pete) White

**No entry**

The area has been restricted to people assisting in the search.

a.m. after failing to return from a bike ride.

A family member located his bike in the Crystal Crescent Beach parking lot. ● ANDREW CALEY

**Anticipation builds for West Side Story**

► Performance opens on Fountain Hall stage Friday and runs through May 29 ► Director hopes they've put a Neptune 'spin' on Broadway classic



LAURA WARREN  
HALIFAX@METRONEWS.CA

Twenty-six cast members are anxiously awaiting the curtain to rise for Friday's official premiere of Neptune Theatre's West Side Story.

"I'm hoping for a wow," artistic director George Pothitos said at yesterday's media launch.

"I hope the audience comes out feeling like they want to dance."

West Side Story is a musical based on William Shakespeare's Romeo and Juliet. Set in New York City, the musical explores the rivalry between two street gangs of different ethnicities. Amongst the hatred, Tony, played by Liam Tobin, a member from one gang falls in love with Maria, played by Anwyn Musico, a member of another gang, although it is greatly frowned upon.

"They're the most talented young people I've

**"I'm hoping that everyone will be excited to see it. That they'll come out humming a song."**

GEORGE POTHITOS, NEPTUNE'S ARTISTIC DIRECTOR



► Cast members from West Side Story leap into the air as they rehearse a scene during a media call at Neptune Theatre yesterday.

ever met. It's been a joy," said Pothitos.

Pothitos hopes people will recognize the songs and the familiar scenes, like the balcony scene from Romeo and Juliet, which is what Neptune opened their season with.

"It's appropriate that we close our season with

West Side Story," he said.

"We actually create these productions right here in Halifax, they're original Neptune."

Pothitos hopes word of mouth will help to fill up seats in the upcoming weeks.

"It's unique. In other words, you can't follow it

**Tickets**

Tickets available through Neptune Theatre box office or online at [neptunetheatre.com](http://neptunetheatre.com).

to Edmonton or Calgary after this. This is it."

Fast.



**Bell**Aliant



# Giving back where it counts

▶ Former CFLer shows kids how sports and education can go together



**ANDREW CALEY**

HALIFAX@METRONEWS.CA

The one constant thing during Brian Warren's playing career in the CFL was the kids.

Win or lose, youngsters were always there after the game wanting to meet their favourite player.

"I knew there had to be something more than autographs," he said.

After he retired from

playing, he founded KidsFest Canada in 2000, with the goal of breaking the cycle of child poverty in Canada.

Warren was at Harbour

## First school

Harbour View is the first school in HRM and one of 25 across Canada with Running and Reading clubs.

View Elementary in Dartmouth to kick off the official launch of KidsFest's Running and Reading Club. He spoke to the kids about setting a goal and sticking to it.

The club is an after-school program designed to improve physical and mental health through fitness activities, mentoring and literacy support.

The program consists of 32 weeks of activities, cul-

minating in a five-kilometre run and a Jeopardy-style reading competition.

Warren said his primary goal is to find the communities that need his help the most, and give those in the communities sustainable tools to get educated and become role models for their peers.

"When you put two things together that are so simple, but so profound, running and reading ...



▶ Brian Warren

healthy active minds and healthy active bodies create healthy active communities," he said, after speaking to students.

## Cirque de Soleil here in July

Cirque de Soleil is coming back to Halifax.

The group's new arena show, titled Quidam, will be presented from July 20 to 24 at the Halifax Metro Centre. There will be eight performances in total, with two shows on each of the final three nights. The cast includes 52 world class acrobats, musicians, singers and characters. Adult tickets range in price from \$35 to \$80. ● METRO

# Small Business Tax Rate *Going Down*

Small businesses are key to the Nova Scotia economy. That's why this budget reduces the small business tax rate for a second straight year. With a total reduction of 20%, businesses can expect to see a savings of up to \$4,000 next year.

We're putting more money in the hands of small business owners. It's all part of our **jobsHere** plan — creating good jobs and growing the economy.

To learn more about this plan and other new programs, go to [www.gov.ns.ca/jobshere](http://www.gov.ns.ca/jobshere)

We're making life better for families.





# No May-bes: She's off TV

► Elizabeth May loses bid to join leaders' debates ► But Greens fight on

DARRYL DYCK/THE CANADIAN PRESS



► Green party Leader Elizabeth May says she will appeal to Canadians to put pressure on the other party leaders and the TV consortium in an effort to change their minds.



Elizabeth May has been thwarted in her last-ditch effort to convince the courts to give her a podium at next week's televised leaders' debates.

But the Green party leader is not giving up yet. Federal Court judge

Marc Nadon refused yesterday to make an emergency ruling on the case before the debates get underway. The short period of time wouldn't have allowed the court "to perform its duty in a satisfactory manner," Nadon said.

It was a body blow for the Greens, who received a major blast of publicity

when May participated in the debates during the 2008 federal election.

The Greens will pursue the matter in the Federal Court of Appeal, even though the case can't be heard before the debates, May said.

But she will also be talking to her lawyer about whether there are "any legal avenues" that would

allow the Greens to have the matter heard in court before then.

The consortium that runs the debates insists only parties with seats in the last House of Commons can participate.

The English-language debate is April 12. The French-language debate will take place April 14.

THE CANADIAN PRESS

WHO WILL BE PM?

## Iggy tells Quebec: You choose

Liberal Leader Michael Ignatieff is asking Quebec voters to determine who will be the next prime minister.

Ignatieff travelled to separatist Bloc Québécois territory in central Quebec yesterday in pursuit of

his bid to unseat Stephen Harper's Tories.

The Liberal leader has been casting the May 2 election as a two-horse race, a fact of life he says Bloc Leader Gilles Duceppe has accepted.

Duceppe has noted that either Harper or Ignatieff would occupy 24 Sussex Drive.

"Even Mr. Duceppe understands that," Ignatieff said. "So what we've got to say to Quebecers is, you've got to choose here, folks."

THE CANADIAN PRESS

## Harper's style not pretty, says Layton

PAUL CHIASSON/THE CANADIAN PRESS

Jack Layton took aim yesterday at Harper government scandals.

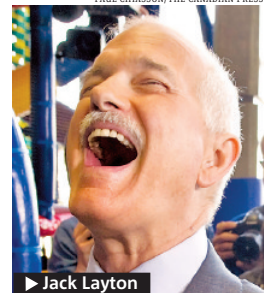
The NDP leader provided a laundry list of alleged Conservative misdeeds, including the latest revelation that Stephen Harper hired a senior adviser who had five fraud convictions.

The prime minister has said he knew Bruce Carson had one conviction, but not others.

Layton said he doesn't believe Harper and he claimed most Canadians don't, either.

He said in Winnipeg: "Canadians are right to be asking: 'If Mr. Harper wins this election, how long will it be until the next Conservative insider is charged with fraud?'"

And just to emphasize the point, he repeated his entire condemnation in French rather than alter-



nating between languages as he does most often.

The barring of opponents from Tory rallies and tight background checks on those who do get in are the "signs of a closed, controlling approach," Layton said.

"I think it says something about Stephen Harper and his administration, and it's not pretty," he added.

THE CANADIAN PRESS

Still fast.

**Bell**Aliant



## Just sayin'

PAUL SULLIVAN

TAKE A LEAP:  
SAVE THE FROGS

If you're tired of saving the whales, why not try saving something completely different?

Save the frogs! World Save The Frog Day is April 29, and if ever a species needed a hand, it's the Kermit of the world. These days, it definitely ain't easy being green. More than 200 species of frog are now extinct, and we'll be down to no frogs in no time if we don't do something.

Did you know our increasing appetite for frogs' legs alone takes 100 million frogs out of the wild each year?

Or that Atrazine, a pesticide, turns male frogs into female frogs at only 2.5 parts per billion? And it's only one of 18,000 pesticides registered in the U.S.

You name it, it's a threat.

Frogs are hunted for their legs, but also for the pet trade and lab dissections. Bullfrogs, native to the eastern U.S., unfortunately have the meatiest extremities, so they are shipped all over the place. When they escape into the wild, they take over, and are now the alpha frogs in 15 countries, muscling out local species.

Not only that, two-thirds of imported bullfrogs carry the deadly chytrid fungus, which further contributes to the wipeout of local frog populations.

Do I even have to make the case that frogs are cool? Is there a man out there who isn't carrying around an inner boy who used to catch frogs, name them, carry them in their pockets and use them to scare girls?

If that's not cool enough for you, frogs are amphibians, the world's oldest land vertebrates, with a pedigree going back more than 360 million years, long before dinosaurs stomped around the planet.

Other frog facts: The world's smallest is the Brazilian sapo-pulga, or flea frog, less than half an inch long (10 millimetres). The world's largest is the goliath frog, which can grow to a foot long (30 centimetres) and weigh more than three kilos! Both (of course) are endangered; the flea frog by pesticides, and the West African goliath by human appetite and loss of habitat.

On World Save The Frog Day, take action by raising the consciousness of local restaurants that serve wild frogs' legs, or take in Toronto's Frog Leap-A-Thon. Here's my favourite frog folly: Students at Texas Tech will go for a Guinness World Record by organizing the largest gathering of people wearing frog masks ever.

Or you can just raise your frog flag high. Whatever, the frogs will thank you.

Of course, there's a lot's more frog-saving info at [savethefrogs.com](http://savethefrogs.com).

Save the frogs!

Read more of Paul Sullivan's columns at [metronews.ca/justsayin](http://metronews.ca/justsayin)

## Worth mentioning

ROME. Italian researchers said yesterday they will dig up bones in a Florence convent to try to identify the remains of a Renaissance woman long believed to be the model for the Mona Lisa.

If successful, the research might help ascertain the identity of the woman depicted in Leonardo da Vinci's masterpiece — a mystery that has puzzled scholars and art lovers for centuries and generated countless theories.

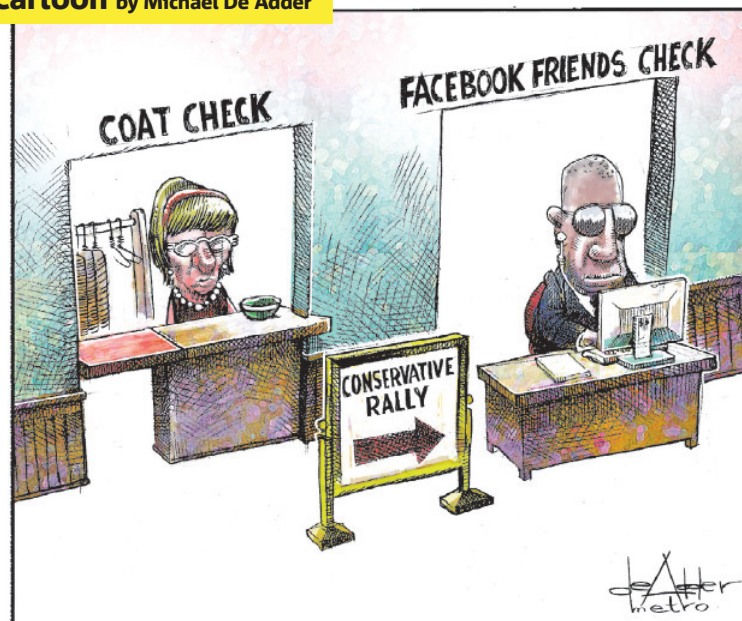
The project, launched yesterday, aims to locate the remains of Lisa Gherardini, the wife of a rich silk merchant named Francesco del Giocondo.

Tradition has long linked Gherardini to the painting, which is known in Italian as "La Gioconda" and in French as "La Joconde." Giorgio Vasari, a 16th-century artist and biographer of Leonardo, wrote that da Vinci painted a portrait of del Giocondo's wife.

Gherardini was born in 1479. A few years ago, an amateur Italian historian said he had found a death certificate showing she died July 15, 1542, and her final resting place is in central Florence.

THE ASSOCIATED PRESS

## Cartoon by Michael De Adder



## WEIRD NEWS

## As long as the marriage isn't a disaster

Honeymoons aren't always easy for newlyweds, but six natural disasters?

When Stefan and Erika Svanstrom of Stockholm set out on their four-month-long honeymoon with their baby girl on Dec. 6, they say they got more than they bargained for: Immediately, they were stranded in Munich, Germany, due to one of Europe's worst snowstorms, he said.

But that was just the beginning.

After that, he said, they experienced the devastation of a cyclone in Cairns, Australia, and the flooding in Brisbane, and narrowly escaped the bush fires in Perth.

"We escaped by the skin of our teeth," Svanstrom said, recalling how they were evacuated in Cairns and were forced to spend 24 hours on a cement floor in a shopping centre with 2,500 others.

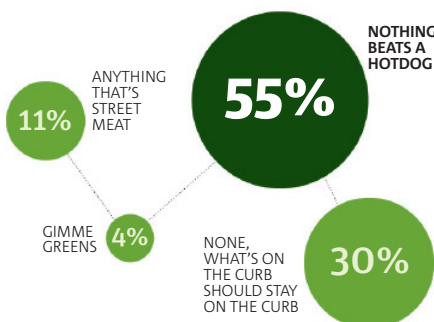
Just before they arrived in New Zealand, the 6.3-magnitude earthquake hit Christchurch and in Tokyo, they felt Japan's largest tremor since records began, he said.

Svanstrom said he also survived the devastating tsunami that hit southeast Asia in 2004.

THE ASSOCIATED PRESS

## Take the poll online at metronews.ca

Eat St. debuts tonight on Food Network. What's your favourite street eat?



TODAY'S QUESTION: WHERE DO YOUR SMARTPHONE LOYALTIES LIE?

## Local tweets



► @jfreake: I am on for another night of @Disturbed & @Korn — this time in Halifax. (As if my ears aren't ringing enough from last night! haha)

► @JessicaSnair: If there is ever a time to be homesick, it is when you are actually sick too. Now not only missing halifax but my mom's soup #sickpuppy

► @MAHADEV\_108: Sitting having a slice in #pizzacorn in #Halifax brings back interesting

#memories

► @ben\_gresik: So my girlfriend's friend in Halifax just won a car through Roll up the rim #AWESOME

► @KarenSidhu: @metrohalifax the price jump at tim hortons will cause more of a stir than rising gas prices ...

► @rick1042: If rumours are true Ryan Walters may be the next Halifax coach, that would be quite a few former Habs that would have coached in the QJML.



# Rethink capital rules: Banker

► New regulations could dampen growth, Scotiabank CEO warns ► Good banking practices trump strict rules

Economic growth could be stifled by new, stricter regulations for banks that are being put in place internationally in response to the crisis that sparked the 2008-09 recession, Scotiabank's chief executive says.

Rick Waugh agrees regulatory change is needed, but warns that "one-size-fits-all" rules underestimate the value of strong institutional practices.

"The next crisis will be something else. So you'd better have good risk management. You'd better have good funding and you'd better have a good risk culture and a sound business model," he said yesterday at the company's annual





meeting in Halifax.

Among other things, the so-called Basel III rules require banks to raise their Tier 1 capital ratio to at least seven per cent. The ratio of how much of the bank's assets include shareholder equity and other core capital is a key measure of a bank's health and ability to endure downturns.

But Waugh says the measures are "placing too much emphasis on overly prescriptive rules and requirements," with the "potential to stifle what we all need: Economic growth."

He says any new global rules should look ahead to prevent the next crisis

## Market moment

TSX	Dollar
	
+ 52.19 (14,270.53)	+ 0.39¢ (103.75¢ US)
Oil	Natural gas
	
- 13¢ US (\$108.34 US)	1,000 cu ft \$4.231 US (- 5.8¢ US)
	Gold contracts \$1,452.50 US (+ \$19.50 US)

rather than protecting against the last one.

THE CANADIAN PRESS

## Oceans. Five



► Sir Richard Branson announces his new venture, Virgin Oceanic Expeditions, yesterday at Newport Beach, Calif. The one-man submarine, left, will take him to the deepest parts of the world's five oceans.

REED SAXON/THE ASSOCIATED PRESS

## Staking Virgin territory

Sir Richard Branson plans to travel to the depths of the oceans in a one-man submarine. The Virgin Atlantic founder unveiled his latest business venture yesterday at Newport Beach, Calif. Eventually, Virgin Oceanic Expeditions will offer undersea trips to tourists — for a sizable fee.

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# 2

## scene

### Comical



Peter Griffin and his long put-upon, but funny, family are heading to the pages of their own comic book series. Titan Comics and Twentieth Century Fox Consumer Products says that Peter, his wife, Lois; kids Meg, Chris and Stewie; along with family dog and martini aficionado, Brian, will headline their own series on July 27. Titan says the series also will feature other characters from its television counterpart, including Glen Quagmire, Cleveland Brown and Joe Swanson.

THE ASSOCIATED PRESS



Stone Cold Steve Austin turned down 'Dancing With the Stars,' but supports Chris Jericho

### In Focus

## RICHARD CROUSE

SCENE@METRONews.CA



# BRANDING A REMAKE ROLE

It's a dangerous business trying to recapture movie magic, but Hollywood execs keep trying

Thirty years ago Dudley Moore introduced us to Arthur, a lovable but drunken millionaire playboy about to married to a wealthy heiress he did not love. "I race cars, play tennis, and fondle women," he said, "but I have weekends off, and I am my own boss."

The movie, Arthur, was a giant hit coming in fourth in the year's box office, earning four Oscar nods, winning two and spawning the number one hit Arthur's Theme (Best That You Can Do).

It's available on DVD and holds up very well, which is why it is a bit baffling that a remake of the same name is hitting theatres this weekend starring Russell Brand.

Remakes, of course, are nothing new. Hollywood has been recycling ideas since the beginning. For example, Cecil B. DeMille remade his own 1915 film The Golden Chance as Forbidden Fruit just six years later. The difference is that back then there was no portable archive of movies

available on Blu Ray or streaming video. Older movies were essentially inaccessible to most people so a remake was simply good business. Take a good story, repackage it and hopefully do good at the box office. Later, in the pre-home video years, remakes were a way to breathe some life into older movies by giving their stories a facelift with modern stars.

But times have changed. Now, via Netflix, On-Demand and Blu Ray, it's easier and cheaper than ever to seek out and see movies like the original Arthur.

So what's the point of the remake?

Well, for one thing, it's a perfect role for the impish Russell Brand and, for another, it's always great to see his co-star Helen Mirren on screen. And who knows? Maybe it's better than the original. It wouldn't be the first time.

With so many remakes — past, present and future — perhaps philosopher Raoul Vaneigem was right when he said, "Our task is not to rediscover nature but to remake it."



Dudley Moore



Russell Brand stars in the remake of Dudley Moore's Arthur.

# A connection to his character

Russell Brand credits hard partying years as reason for success at role Admits a fondness for his co-star



NED EHRRBAR

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METRO WORLD NEWS IN LOS ANGELES

### Relationship

How being married helped him connect

**Character** Of course, it wasn't just Arthur's penchant for a party that Brand identified with. Another, more recent change in his life — his relationship with and marriage to Katy Perry — also helped him connect to the material, since Arthur is caught off guard when he meets a not-so-wealthy young woman played by Greta Gerwig. "My life has been changed by falling in love, so I know that whilst that is a romantic idea and in this case fictional, it's something that has happened to me," Brand says. "That's why I'm so enamored of this story."

But in updating the story for today — the immature Arthur must choose between marrying a cold but wealthy woman (Jennifer Garner) or follow his heart and lose everything — Brand was insistent that his character's bacchanalian style of living not be showing in a completely glamorous light.

"It was very important

happy with how that was rendered."

Playing opposite Greta Gerwig was a treat, Brand admits.

"We saw loads and loads of different actresses, which was all right — but of course I was already on the way to getting married then, so I couldn't enjoy it like the good old days, where auditions had a rather more primal quality," Brand jokes.

But there was something about Gerwig's reading that left an impression.

"Afterward I was sitting quietly and (director) Jason (Winer) said, 'Oh, what's the matter?' I said, 'I feel sad now that she's gone,'" Brand says. "And it's because I enjoyed playing with her. She has such a brilliant imagination, she's a great improviser with a wonderful understanding of comedy, a wide range of ideas, peculiar choices — but good peculiar."

Gerwig even admits that she's developed a serious crush on her co-star, Something Brand smarts at the notion of.

"Can't do nothing about it now. Just useless," he says. "Just a wonderful, useless thing, like a yacht in the middle of Idaho."

that we established a context where the alcoholism was humorous and good fun but was not irresponsibly portrayed," he says.

"This is 2011, and it's important to see a resolution to the problem of Arthur's alcoholism, and that's one of the aspects — as a recovering alcoholic myself, I was particularly



# Those are the breaks in surfing

► After a shark attack Bethany Hamilton went on to become a pro surfer, an inspiration and an author ► Hamilton's pleased the film doesn't promote shark-phobia

**NED EHRBAR**  
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METRO WORLD NEWS IN HOLLYWOOD

Pro surfer Bethany Hamilton shot to fame after her inspiring return to surfing following a shark attack that cost her her left arm in 2003. Now the 21-year-old Hawaiian native gets the surreal experience of watching her story recounted on screen in *Soul Surfer*.

Metro spoke with Hamilton about seeing her life on screen, getting her story told the right way and balancing movie responsibilities, her surfing schedule and charity work.

## What was your reaction when you saw the finished film?

Seeing the final cut, I was just stoked. I was kind of just nervous what Hollywood would do with a true story. But my family and I being able to give input and feedback on the script really helped it just stay true to who we are and authentic. And that's what we wanted, just to share our faith and our love for surfing.

## What did you think of AnnaSophia Robb, who plays you in the film?

AnnaSophia is amazing. I think she did so well just capturing who I am and my outlook on life. We became really good friends and got to hang out, and I taught her to surf. I think just by her getting to know me really just helped her show who I am to the world.

## Was there any parts of the movie that were harder to watch than others?

No, I don't feel like I'm reliving it at all. And I've healed really well from everything, so it's been nice to not be so emotional and just be able to watch it and critique it and help it to be more accurate.

The shark attack, for example, really was very accurate to how it actually happened. It was just really quick — in and out of there real quick, and I didn't see anything. So I think that's kind of nice, because I didn't want to cause shark-phobia. I hope it doesn't scare people away from the water. I want them to go out and enjoy the ocean and try surfing and go for swims and stuff.

## Your work with relief organization World Vision after the

## 2005 tsunami in Thailand plays a major part in the film. Have you been doing anything similar after the Japanese tsunami?

I've been tweeting about it a bit just to keep people's awareness and not to forget. So often when tragic stuff happens, it's like, "Oh no, look at this, this is awful!" And then you just forget the next day.

But I approached World Vision to see if I could go, but I don't know. I wish it was a different time, because I've always wanted to go to Japan, even before the tsunami. It's really sad.

The Japanese people are just so beautiful. I have a good friend that I travel with and compete against, and she's from Japan. She's one of the best surfers ever out of Japan. I was just really upset when I heard about that, even though I know she's OK.

## Where are you in the pro surfing calendar now?

It just started. I had one event so far this year, which didn't go so well. I'm not really expecting much with all the distractions with the movie, but I'll still compete this year and hopefully get back into the groove of things soon.

HANDOUT



► Pro surfer Bethany Hamilton (right) and AnnaSophia Robb the actress who plays Hamilton on the set of the film *Soul Surfer*.

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▶ Katie Holmes and daughter Suri

# Big plans for Suri's birthday

## ▶ Mom Katie plans pool party, piñata for 5th birthday bash

Katie Holmes is gearing up for daughter Suri's birthday.

"She's turning five in about two weeks. She wants a piñata and her girlfriends to come over [and go] swimming. We're gonna make a cake

together," Holmes tells Ryan Seacrest during a radio interview.

"This is my favourite day of the year. So we're gonna have a little tea party, and I like to girl it up."

● METRO



▶ Christina Aguilera

## Aguilera: Not the best year

Christina Aguilera is willing to admit that, between her divorce, botching the National Anthem at the Super Bowl and getting arrested for public intoxication, she's been having a rough year.

"There have been obvious setbacks. It's a life-uprooting time and there

have been hiccups along the way that unfortunately the whole world gets to witness and judge," Aguilera says, according to Us Weekly.

"I can laugh about my own hiccups and my own experiences in life because I'm getting through it."

● METRO

## Bubl  robbed during wedding

While singer Michael Bubl  and actress Luisana Lopilato were tying the knot in Argentina over the weekend, their home was burglarized, according to TMZ.

No one was home at the time, and it was not

revealed how much was stolen.

Despite the incident, the wedding weekend continues.

"I will not let this ruin the happiest day of my life," Lopilato told reporters. ● METRO



▶ Michael Bubl 

## Franco: Twitter is so over

After a brief foray into Twitter, James Franco is over the whole concept.

"Social media is over. Still up there. Going down. You heard it here first," Franco says, according to Politico. The actor, who live-Tweeted during his Oscars hosting gig, has made his own account private. "My thought was, 'This is my Twitter. I can do whatever I want.' But certain companies I work with contacted me about what I was saying," he explains.

● METRO

### Celebrity tweets



"Do not fear...the Sheenius is here!" I'm not gonna lie. I came back to twitter for 2 reasons. My fans and to follow @charliesheen"



@gypsyhearttour



@kirstiealley

"Party girl? not so much tonight... BUT I did get a tattoo and I love it....and I had fun"

@justinbieber



"sick show in Berlin ...brought @studio mama on stage 2 sing her happy bday but she lit her hair on fire with the candles. lol. i saved her"



@ConanOBrien

"If I'm ever a ghost, I hope the person I haunt has Net-flix."

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► A limo once belonging to mobster Bugsy Siegel is seen on display at the Mob Experience at the Tropicana Hotel and Casino in Las Vegas. The Mob Experience is an interactive attraction featuring gangster memorabilia and commentary from film mobsters James Caan, Mickey Rourke and Frank Vincent.

# Vegas embraces its organized past

Speakeasies, bootleggers, gun-wielding crime bosses and tough-guy accents pay homage to Las Vegas' mob roots in a pair of new attractions showcasing Sin City's criminal history.

An interactive attraction featuring gangster memorabilia and commentary from film mobsters James Caan, Mickey Rourke and Frank Vincent opened last week on the Las Vegas Strip. And Las Vegas Mayor Oscar Goodman, a former mob defence lawyer, plans to launch his Las Vegas Museum of Organized Crime and Law Enforcement later this year. For Las Vegas, the attractions represent an unprecedented embrace of its infamous founders.

"What differentiates us



► Actors playing mobsters act out a scene at the Mob Experience at the Tropicana in Las Vegas.

from any other city is our history," Goodman said. "This is the story of America."

The desert oasis made famous by scantily-clad showgirls, ubiquitous slot machines and 24-hour happy hours has long celebrated its reputation as a haven

of vice, but its relationship with the mob has taken a few hits in recent years. The city that once proudly boasted of its ties to organized crime — Goodman played himself in the 1995 mob movie Casino — has instead promoted its family-friendly restaurants and

Broadway shows for the past decade.

No more.

The Tropicana casino and hotel, a one-time hang-out for organized crime now more known for its bargain-counter room rates, celebrated its new "Mob Experience" attraction last week with a red carpet party attended by the son of Tony "The Ant" Spilotro, the inspiration for the bloodthirsty Joe Pesci character in Casino.

The sprawling casino attraction features the diary of mobster Meyer Lansky, Spilotro's gun and family photos and home movies from other infamous criminals.

Visitors are greeted by life-size holograms of chat-

ty gangsters and a chance to get "made."

The publicly-funded mob museum, meanwhile, is slated to open in December at a downtown Las Vegas courthouse where a detailed mob hearing that helped expose organized crime to ordinary Americans was held in 1950.

The \$42 million museum started as an effort to save one of Las Vegas' few historic buildings. It's amassed a wide collection of gangster artifacts, including the wall from Chicago's St. Valentine's Day massacre, the only gun recovered at the mass shooting and the barber chair where hit man Albert Anastasia's life came to an end in 1957.

THE ASSOCIATED PRESS

# 3

life

## Travel in brief



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- Pack healthy snacks that your kids enjoy. Time travels more slowly when you're hungry.

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NEWS CANADA



Gulf Coast tourism officials 'cautiously optimistic' about prospects for 2011

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# Acapulco's been a draw for good reasons

► The cliffs are just a small part of what makes this Pacific city so great

John Wayne slept here.

And so did Tarzan, or at least Johnny Weissmuller, the man who created the famous yodelling call used by every successive loincloth-clad, vine-slinger in Hollywood.

"Here" is Los Flamingos, a tiny pinkwashed stucco hotel, perched about 275 metres above the Pacific Ocean, on the edge of the cliffs that form part of Acapulco's Old Town.

"This way, that's Tarzan's round house," says Carlos Serrano, the cab driver who brought me to one of the symbols of what Acapulco once was — a playground for the rich, the famous and, most of all, for Hollywood stars.

Weissmuller, an Olympic



► Tarzan's round house at Los Flamingos in Old Town Acapulco.

gold-medal-winning swimmer, wasn't the first Tarzan, but he became the best known and played Edgar Rice Burroughs' jungle-raised ape man in a dozen films. The cool wind off the Pacific, even on a 30-degree-plus day, is a reminder of why the location

was great in an age before air conditioning. Now however, all the action has moved down the hill directly to the bay itself.

There, and at the Diamante resort area just southeast of Acapulco proper, are the huge hotels, condominiums and

time-shares that still swell Acapulco's native population with thousands of visitors.

It's easy to see the attraction the ancient city on the Pacific holds for visitors. Checking the winter weather forecast seems pointless when the chances are 10-to-1 it will be 30 and sunny. OK, sometimes it's 32 and sunny.

Acapulco is a city of ups and downs once you move away from Costera Miguel Aleman, the broad boulevard choked with traffic that runs along the beach. There are hillside discos where you can dance the night away and first-class restaurants that show off Mexican and international cuisine. **THE CANADIAN PRESS**



► A cliff diver performs at La Quebrada, in Acapulco, Mexico. You can watch the divers from a perch just in front of the cliffs for 40 pesos (about \$4).



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# Can mushrooms bring out the love?

LARRY CROWE/ THE ASSOCIATED PRESS



► This stroganoff is great served over brown or red rice as well as mashed potatoes or the more traditional noodles.

When you're looking to cook up some vegetarian love, the world's cuisines offer plenty of ways to stimulate the senses.

"It's a lovely way to do it, especially if you've been somewhere and you want

to recreate a magical moment," says Troth Wells, author of *One World Vegetarian Cookbook*.

Oysters and steak with bearnaise have long been the standard for "romantic" meals, but Wells says

the inherent sensuality of vegetables will tickle the senses without leaving you too full to frolic after.

And then there are the spices. Considered aphrodisiacs by many ancient cultures, spices such as

nutmeg are said to increase amorous function. Chili releases endorphins, while cinnamon, cardamom and cloves have historically been considered erotic scents.

"Like diamonds, any-

thing that's expensive and requires some dangerous exploits to get it has sexual excitement to it," she says.

## Mushroom Stroganoff

### Preparation:

**1** In a large skillet over medium-high, heat oil. Add onion and sauté for 4 minutes. Add garlic and sauté for another 30 seconds.

**2** Increase heat to high and add mushrooms, paprika and nutmeg.

### Ingredients:

- 30 ml (2 tbsp) canola oil
- 1 medium yellow onion, thinly sliced
- 4 cloves garlic, crushed
- 500 g (1 lb) button or mixed mushrooms, sliced or quartered
- 5 ml (1 tsp) paprika

Sauté for 10 minutes or until mushrooms are soft and brown.

**3** Add wine and balsamic vinegar, stir well. Bring to a simmer reduce heat and cook for 5 minutes. Stir in cilantro, then creme fraiche. Season with salt and pepper. Serve over rice, mashed potatoes or noodles.  
**THE ASSOCIATED PRESS/ RECIPE ADAPTED FROM ONE WORLD VEGETARIAN COOKBOOK BY TROTH WELLS (INTERLINK, 2011)**

- Pinch nutmeg
- 125 ml (1/2 cup) white wine
- 15 ml (1 tbsp) balsamic vinegar
- 30 ml (2 tbsp) fresh cilantro
- 90 ml (6 tbsp) creme fraiche
- Salt and ground black pepper, to taste

# Gourmet on the streets

THE CANADIAN PRESS/ THE FOOD NETWORK HO

## ► Eat St. profiles street vendors and discovers many have high-end edge

Canadian comedian James Cunningham has noticed what he calls a "revolution" taking shape in North America's gourmet food world — mouth-watering mobile meals.

As host of the Vancouver-produced series *Eat St.*, debuting tonight on Food Network Canada, Cunningham has been travelling around the U.S. (with a stop in B.C. as well) for the past nine months to profile popular street eats.

Along the way, he's noticed that many food trucks and carts these days are far from your average greasy-spoon street stop — they're run by professional chefs serving comfort dishes with a gourmet edge.

"With what's been happening with the economy

## "It's a gourmet restaurant without the restaurant"

JAMES CUNNINGHAM, HOST OF FOOD NETWORK'S *EAT ST.*

... we have all these chefs looking for a way to bring their food to the people," the Toronto native said.

"Either you sink a whole bunch of money into a restaurant or you do what they did: Get really creative, open up a food truck and serve this great gourmet stuff to people on the street."

The first episode of *Eat St.* (airing at 9:30 p.m. ET) opens with a profile of the Grilled Cheese Truck in L.A., which has a rabid following and a menu that includes the Cheesy Mac&Rib (southern-style macaroni and cheese, pulled smoked pork and caramelized onions) and the Brie Melt (made on cranberry-walnut bread with pears and honey).

Then it's off to Austin, Tex., to visit two stationary trailers — Izzoz Tacos and the G'Raj Mahal, which serves authentic dishes from Goa, India. The final stop is Schnitzel & Things



► Comedian James Cunningham hosts *Eat St.*, which spotlights popular street eats.

mobile food truck in New York City.

"It blows your mind because whenever you walk up to a street truck you think: 'Oh, I'll get a hot dog, I'll get my little gyro, or I'll get my fries,'" said Cunningham, whose TV credits include *Last Comic Standing*.

"And what comes out of that window is just unbelievable."

"Streeteries" profiled in upcoming episodes include a lobster cart, a pulled-pork truck and a

mobile converted school bus that serves classic French cuisine.

In B.C., stops include Victoria's Red Fish Blue Fish (a stationary retrofitted shipping container that serves seafood) and Vancouver's Japa Dog cart, which serves hot dogs with a Japanese twist.

"It seems like Vancouver's on the cutting edge of food trucks in terms of Canada, for now," said Cunningham, noting B.C. has better weather for street food than most parts

of the country.

"But I think once the show starts to air, (more street food) is going to pop up."

"My brother is actually a chef and he saw the first episode and he was like, 'That is brilliant ... Your public is right there, you get instant feedback.'"

Cunningham said most of the street-food businesses the show visited seemed to be thriving, with long lineups that caused some trucks to run out of food.

THE CANADIAN PRESS



## For April 5th

- Tinie Tempah - Written In The Stars
- Britney Spears - Till The World Ends
- Bruno Mars - Lazy Song
- Ke\$ha - Blow
- Classified - That Ain't Classy
- Alyssa Reid - Alone Again
- Katy Perry ft Kanye West - E.T.
- Jennifer Lopez ft Pitbull - On The Floor
- Jessie J ft B.o.B - Price Tag

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# How to make that PowerPoint pop

► Click, click, click, snooze? ► Keep your colleagues awake with these tips on perfecting the work presentation



DREW HINSHAW  
LIFE@METRONEWS.CA

When the moment comes to deliver a sales pitch or propose a project, all too many speech-shy professionals fall back on what may be the modern world's most tedious way to present an idea: PowerPoint.

Speech coaches say there's no better tool for turning a slide show into a drag.

"I myself like PowerPoint, I just don't like what people do with it," bemoans Elaine Snyder, public speaking expert. "They put a whole bunch of stuff up on the screen, which is the worse thing there is to do."

Cramming your slides with fine text could make your PowerPoint feel pow-

**"When delivering the presentation never look at the screen. People don't want to see the back of your head."**

ELAINE SNYDER,  
PUBLIC SPEAKING EXPERT

er pointless. To avoid the temptation, script your speech on a scrap of paper.

"Don't put together your presentation in PowerPoint," speech coach Patricia Fripp recommends. "Build it on a pad of paper, a white board, or on a flip chart, and then ask yourself, where absolutely must I add the PowerPoint?"

With a good script, you might be surprised how little you need it.

"If you're engaging the



► Wake up those workers!

audience, and you're telling a story, you won't need PowerPoint," she says. "But if you're looking to illustrate a point, you might want to have a chart, or a graph, or a diagram. Or, if it's a learning session, you just put bullet points of what you want

people to remember."

One of the biggest dangers in using a slide show in a pitch isn't what it does to your speech - it's what it does to your body language.

"When delivering the presentation, never look at the screen," Snyder stress-

es. "People don't want to see the back of your head."

Fixating your eyes on the audience in front of you conveys confidence, she adds. And long after that audience has forgotten the contents of slide 27 - or how quirky the animated .gif was on slide 42

- they will remember the impression they took away of you.

"A speech is all about building rapport with the audience," Fripp concurs. "If the audience is reading your PowerPoint, then they can't listen and pay attention to you."

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## Workplace Law

DANIEL LUBLIN

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People often get exactly what they pay for. This is as true in law as it is in life. Here is one story that should give people pause when they are offered legal services over the Internet.

Recently, a couple came to me seeking a second opinion following a dispute with a temporary contractor they hired, or so they thought. They had found a lawyer online, selling precedent "contracts" at a discount. Since this couple was new to their business, they were unfortunately

## BEWARE THE ONLINE BUY

drawn to this lawyer's website, believing they would get a solid product without spending money on a lawyer's time

The couple explained that they had sought to hire an individual contractor to complete a few tasks. After that, they would not need him anymore. They swiftly purchased one of this lawyer's "contracts" online and gave it to the individual to sign, not realizing that what they had purchased was much different from what they actually needed the contractor to sign.

After he had completed his tasks within the first six months, the contractor's job was done. No problem there. However, the contract they had signed guaranteed him one year's worth of work. Even though the individual was no longer needed, when the couple attempted to end his employment early, he demanded pay for the remaining six months, arguing that his contract was

for a defined term.

The problem is that the contract they bought online did not allow them to end the job early without paying for the remaining time on the contract (something that most employment lawyers should spot as a matter of course) and, worse yet, the lawyer who sold it to them had not bothered to discuss that with them, since they never even met! As this couple now owed the contractor twice the fee they initially expected to pay him, the "contract" they bought online ultimately cost them much more than they paid for it.

What should the public do? Avoid purchasing legal products over the Internet, however tempting that may be. There are few rules that limit lawyers without much experience in employment law from professing that they practise it on their websites and in the media - and unfortunately they do, often to the public's detriment.



# A grip on the grind

► Papers piling up at a rapid pace? ► Learn how to handle your workload

ISTOCK



**TINA CHADHA**  
LIFE@METRONEWS.CA

If most days at work your to-do list is left undone, you drag assignments home when you should be relaxing and 500 or so unread e-mails point their fingers at you every time you open your inbox — then it's time to get organized. Laura Leist, an organization and productivity consultant, gives us tips:

**1** "It's always best to plan for the next day at the end of day," says Leist. "I say pick three really important things that you need to get done. A lot of times people pick too many things to do and they feel like nothing is accomplished."

**2** "Once you picked your three tasks, those are things you should do first." She recommends holding off on the little things you can scratch off the list first. "You want to work toward getting the bigger stuff done."

**3** "It's unrealistic to say you're going to work

on a project for eight hours in the day, because things always come up," says Leist.

"It's more realistic to say, 'I'm going to spend two or three hours a day on this project.' Then you'll have other time during those days to work on other projects, too."

**4** Implement a task-management system — and use it daily.

"You need something to keep track of the current things you're working on and a place to store your ideas for future projects," says Leist.

She suggests applications such as TeuxDeux.com, RememberTheMilk.com and ActionMethod.com.

**5** "Use your calendar to schedule projects you are working on, meetings and networking things you're going to," says Leist.

This way, you can look back at the end of the day or week and see what didn't get accomplished. Then move those tasks forward to the following day or week.



► Are all those little birdies falling quickly out of line?

## Mom, that snack's not healthy

► Meet Mrs. Ciccarelli's Grade 3 class, a crack team of junior nutritionists

If you are browsing for cereal in a Thornhill grocery store, you may be stopped by a boy or girl from Mrs. Ciccarelli's Grade 3 class.

Her 19 students at St. Michael Catholic Academy have been learning about healthy eating and are eager to share their knowledge.

Cereals — and how to choose a nutritious one — are one of their areas of expertise.

Mrs. Ciccarelli's students also know how to read ingredient lists and decode nutrition labels on food packaging.

They know produce that comes from faraway

countries is not as good — for you or for the environment — as fruits and vegetables grown close to home.

And they know to be wary of suspicious nutrition claims and foods that are riddled with artificial colours and flavours.

A visitor to Mrs. Ciccarelli's class will learn a lot from the students.

Healthy eating is part of the Grade 3 curriculum, which primarily focuses on Canada's Food Guide. For Fran Ciccarelli, the standard information wasn't enough.

"The students only needed to know the four

food groups and some examples of foods that are healthy and what are not," she says. "I take it one step further. Once we start looking at food labels, the kids ask more and more questions and it just snowballs from there."

One of the students' favourite class exercises is to investigate the ingredients of popular grocery store foods. They were recently shocked to find out a yogurt drink did not contain actual yogurt.

TORSTAR NEWS SERVICES

### Kids know best

#### Grocery 101s from Grade 3s

► **Maya Piasecki:** "If there is lots of colour and lots of advertisements, like puzzles, on a package don't take that one. Take ones that are plain. Don't fall for advertisements."

► **Olivia Thalassinis:** "If sugar is the first ingredient it's not that healthy for you so you shouldn't have that much of it."

► **Jordan Macedo-VanHorne:** "Don't eat foods with food colouring because they are bad for you."

## Dr. Twitter, please help

► Medically-minded Twitterers are spreading important info via the web

CHRIS YOUNG/THE CANADIAN PRESS



► Colleen Young says #hmsca Twitter followers discuss topics such as how to use social media to get health conversations started in rural areas.

Keeping up to date on the barrage of medical information available online can be daunting, and health-care professionals are now turning to social media to figure out how to make it easier.

Every Wednesday, as many as 70 health-minded Twitterers meet online to debate — in 140 characters or less — the best ways to use the web to get accurate information to those who want it, without overwhelming them with an unmanageable number of tweets or viral videos.

"There are a lot of people and organizations struggling with how to do that on social media, in health care in particular," said Colleen Young, who started the Healthcare Social Media Canada (#hmsca) group last September.

Getting health-care professionals and the public talking will help organizations understand what kind of online content users find most valuable, explained Young, a freelance medical writer for cancer organizations and patients.

"There are very definite ways that they want to get public health messages."

Young said that patients are more interested in a two-way conversation with health providers. Rather

than being bombarded by only links to a new anti-smoking campaign or research on healthy eating, users want to share their own news or opinions with health-care groups and hear back if they find it interesting.

"The organizations have to make a wholesale change of attitude and that is that they're not just pumping out information."

Canadian hospitals are increasingly interested in looking into expanding their social media use beyond one-way education, said Ann Fuller, who is the director of communications at the Children's Hospital of Eastern Ontario.

"As hospitals in Canada we have to sometimes do more and more with less and less. Is there a way for social media to fill that gap?"

Fuller said group conversations like #hmsca can help hospitals who are investigating how online resources could supplement clinical visits or long-term care management for conditions like asthma.

"So that people can stay connected," she explained, "and by staying connected their clinical outcomes could improve."

THE CANADIAN PRESS



4  
sports

## QMJHL awards

**Pascal Amyot**

The Halifax Mooseheads defenceman and Dalhousie Tigers recruit is up for the Marcel Robert Trophy as the QMJHL scholastic player of the year. Amyot is one of five finalists for the trophy. The league's Golden Puck awards ceremony is being held tonight in Montreal. Mooseheads winger Martin Frk is up for the RDS Cup as rookie of the year.



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# Injuries no longer dogging Anthony



SAINT JOHN SEA DOGS

► Halifax native is healthy and eager to get Sea Dogs back to QMJHL final



**MATTHEW WUEST**  
@METRONEWS.CA

Steven Anthony remembers well the pain of last year's playoff run.

Not only the pain of a groin injury that limited him to just five games of the Saint John Sea Dogs' 21 post-season games — for which he says he was “skating on one leg” — but the pain he felt not suiting up on 16 other nights.

“I learned how hard it is to be in the stands and not be on the ice for the playoffs,” said Anthony, who is happy and healthy as the Sea Dogs prepare to open the QMJHL quarterfinals on Friday.

“That’s the biggest thing I’m excited about this year, to help contribute to the team. It was tough watching.”

The 19-year-old Halifax native is a key forward for the Sea Dogs, who are ranked No. 1 in the country after winning 58 of 68 games and sweeping the Cape Breton Screaming Eagles in the first round.

Anthony, a Vancouver Canucks draft pick who is in his NHL contract year, had career-highs of 23 goals

**“We have two NHL coaches and a great group of guys who want to win and who buy into their systems.”**

STEVEN ANTHONY ON THE SEA DOGS' SUCCESS

and 37 assists for 60 points along with a plus-35 rating in 61 games.

“It was my most consistent year of juniors,” said the six-foot-two 195-pounder, who was drafted 10th overall by the Sea Dogs in 2007. “I really improved a lot of things that I haven’t done well in the past: penalty-killing, faceoffs, playing more physical, and playing more of a power forward role.”

The Sea Dogs, who lost in six games to the Moncton Wildcats in last year's QMJHL final, are heavily favoured against the Victoriaville Tigres in round two and don't plan on easing up.

“The record in the regular season is a pretty impressive accomplishment, but you don't play for the regular season,” Anthony said. “You play to win a championship.”

## Rainmen sticking together

The Halifax Rainmen know the odds are stacked against them, but they don't plan to go quietly.

The Rainmen, up against the defending champion Lawton-Fort Sill Cavalry, trail the Premier Basketball League's best-of-three semifinal 1-0 and are facing elimination tonight at 9:05 p.m. in Oklahoma.

Despite a one-point overtime loss in Game 1,

**“They’ve got a lot of confidence, a lot of fan support, we’ve just got to go out there and play hard. It’s not going to be easy, but we’ve got to do it.”**

RAINMEN POINT GUARD TALIEK BROWN

the Rainmen haven't forgotten they led for most of the game before a last-second slip-up cost them a win.

“We know we can beat this team,” said Rainmen forward Josh Dollard. “There are little mistakes

here and there that we can cut down on, but this team can be beat.”

The Cavs have won seven of eight meetings with the Rainmen — including all three this season — and are riding a 33-game winning streak at home.

But the Rainmen delivered in their last must-win game — clinching a playoffs spot in the regular-season finale with an overtime win over the Saint John Mill Rats — and believe they can do it again.

“We're tough-minded,” said Rainmen point guard Taliek Brown. “It's going to be tough, but we've just got to get out there and play hard.”

● MATTHEW WUEST



RYAN TAPLIN/METRO

► Rainmen point guard Taliek Brown



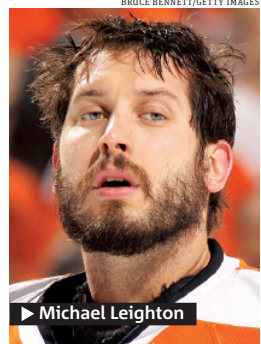
## Flyers look to return Leighton to their roster

The Flyers placed goaltender Michael Leighton on re-entry waivers yesterday with the hope that he can rejoin Philadelphia's post-season roster.

General manager Paul Holmgren confirmed the move, which allows a 24-hour period for other teams to claim him at half of his remaining contract, while the Flyers would pay the other half. If he is unclaimed by noon today, he would be able to join the Flyers again.

Leighton, 29, one of many heroes in Philadelphia's improbable run to the Stanley Cup finals last season as a No. 7 seed, was originally placed on waivers Jan. 3.

THE ASSOCIATED PRESS



► Michael Leighton

## Ballpark attack may lead to brain damage

A San Francisco Giants fan who was beaten at Dodger Stadium after last week's opening game shows signs of brain damage and remains in critical condition, a doctor said yesterday.

Meanwhile, detectives were looking into unconfirmed reports that the same suspects struck other Giants fans minutes before the attack that left Bryan Stow in a coma.

Stow, a 42-year-old paramedic and father of two from Santa Cruz, remained in critical but guarded condition at Los Angeles County-USC Medical Center.

THE ASSOCIATED PRESS

# Tiger still trying to climb back

► A year later, Woods still trying to figure out way to return from shame



► Tiger Woods speaks to the media yesterday at Augusta National Golf Club.

The circus is largely gone and so, mostly, are the questions about his personal life. Tiger Woods returned to the Masters this week without feeling the urge to apologize for anything, even the poor state of his game.

A year ago, the chairman of Augusta National lectured him about his conduct and what it meant to the game of golf. Yesterday, he was welcomed back to his 17th Masters as a four-

time champion who means so much to golf.

A lot has changed for Woods in the year since he emerged from self-imposed exile following his sex scandal. What hasn't changed is that some of his play has been almost as embarrassing as the revelations about his personal life.

Woods says it's nothing more than finding his way through a new swing change. Others who know

something about human failings believe it may go a lot deeper than fairways and greens.

"He's got experience coming back from technical problems, but he doesn't have experience coming back from shame," said Sharon Chirban, a Harvard sports psychologist who coaches athletes in her private practice. "Until the shame is managed, he will never come back to the level of play he had before."

What is going on in his golf game seems pretty murky, though Woods insisted again yesterday that his only problems are refining his new swing and figuring out a way to make more putts. It's been his stock answer since he came out of seclusion here last year amid a circus that included planes flying overhead carrying banners taunting him and tabloids stalking him.

THE ASSOCIATED PRESS

## Leafs out of playoffs with loss

3	2
CAPITALS	LEAFS

The Toronto Maple Leafs refused to stop fighting until time ran out on their season.

An unlikely playoff push came to an end about 15 minutes before Washington's Mike Knuble gave his team a 3-2 victory over the Maple Leafs last night with the only goal in a four-round shootout. Instead, Toronto's fate was sealed just up the highway where Buffalo beat Tampa 4-2 — a result everyone on the team's bench was well aware of.

"It was unfortunate we put ourselves in the predicament we did where we had to run the table," said Leafs goalie James Reimer. "We played our hearts out, we did everything we could."

Reimer was the heart and soul of the Maple Leafs during an 18-7-6 run after the all-star break that kept the team's chances alive until last night.

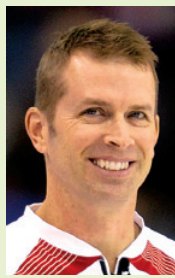
The rookie goaltender had another excellent game against the Caps with 39 saves.

It's the franchise-record sixth straight season the Maple Leafs will miss out on the playoffs. Only Florida, which hasn't made it since 2000, is in a longer drought. THE CANADIAN PRESS

### WORLD CURLING CHAMPIONSHIP

## Canadians keep pace with Scots

Canada's Jeff Stoughton kept pace with Scotland's Tom Brewster at the Ford World Curling Championship with an 11-5 win over Thomas Dufour of France yesterday.



Switzerland sat at 5-3 behind the leaders. France fell into a tie with Sweden's Niklas Edin at 4-2.

The top four teams at the conclusion of the preliminary round tomorrow advance to the Page playoff.

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## By comparison

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ty, agility.



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## Engine performance

A mix of new and old can be found beneath the Touareg's freshly formed hood. A 280-horsepower 3.6-litre V6 (TSI) carries over as the base gasoline engine.

Still optional is a 225-horsepower 3.0-litre V6 turbo-diesel (TDI) that makes 406 pound-feet of torque.

The TDI is rated at 11.9 l/100 km in the city and 8.0 on the highway, compared with 12.3/8.8 l/100 km for the TSI.

## Wider, shorter and lighter

The Touareg is now a bit wider, but shorter than before and has been stretched by about 3.8 centimetres between the front and rear wheels.

However, the greatest singular advancement is in the 160 kilograms that have been excised from the vehicle. Most of the seven-per-cent weight reduction comes from lightening the platform and powertrain as well as a number of key suspension components that are now constructed of aluminum.

## 4MOTION

All Touaregs come standard with VW's dual-range 4MOTION all-wheel-drive setup that in normal driving situations maintains a 40:60 front-to-rear torque bias. The system also features a locking centre differential that fixes the torque split to maximize traction over slippery terrain.

For 2011, Comfortline, Highline and Execline trim levels are offered. All feature a wealth of luxury content.



► The Touareg looks different, for sure, but just as important is that it weighs significantly less. Coupled to a new eight-speed automatic transmission, fuel economy is much improved.

## Give this SUV some respect



**MALCOLM GUNN**  
DRIVE@METRONews.ca  
WHEELBASE MEDIA

Rodney Dangerfield famously complained that he never received a scintilla of respect.

In terms of overall popularity, the Volkswagen Touareg has had the same

issue with its 2004-model-year launch.

Perhaps it's the nearly unpronounceable name (Touareg, or Twah-regg, refers to a nomadic Saharadwelling tribe), its low-key styling or a price tag that outdistances many of its luxury competitors.

But it could also be that people shopping for vehicles in this bracket are reluctant to spend in excess of 50 large for a Volkswagen, regardless of how proficient it is at churning up the sod.

These folks can cross-shop VW's Audi offshoot

for the five-passenger, V6-equipped Q5 sport ute that offers upscale brand name cachet for about the same price as a new Touareg.

Fortunately VW has managed to attract sufficient fans of the marque to invest in an updated second-generation wagon that

wraps its rugged underpinnings in a more attractive package.

Now that the slimmed-down Touareg is more attractive and less thirsty, Volkswagen can likely expect more look-sees and a less of the Rodney Dangerfield treatment.

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**Humans learn from mistakes — it's part of our survival strategy. This is why disco only happened once, aided of course, by John Travolta's inability to squeeze back into his white pants.**

**T**he meltdown of the auto industry in 2008 wasn't entirely the industry's fault, but its subsequent reincarnation affords us an opportunity to see if it, too, has the ability to learn from past missteps.

It obviously had to downsize to meet lower "recession-style" demand, and in cases like Chrysler and GM, just to stay afloat.

But even with modest sales in 2009, lots of automakers turned nice profits. With lower operating costs they didn't have

► The fleet-only Chevrolet Captiva is part of a shrewd plan to help GM overcome supply issues with the hot-selling Chevrolet Equinox and GMC Terrain crossovers.



to sell so many units, and by not "over producing" they didn't have to sell those vehicles at "fire sale" prices. Not only is this a better profit model, it's better for the automaker's long-term brand image and health. Can they stick to this plan?

The telltale signs of oversupply are incentives — zero per cent financing, manufacturer rebates, employee pricing, bobble-head dolls for the first 1,000 customers. Automakers don't like incentives, but it's hard to look the other way, when you got product piling up and/or competitors eating your lunch. We're seeing more and more incentives creep back into the market, including many now based on fuel discounts.

Short-term fix or a slippery slope? We'll see. I think most automakers are just trying to adjust to the softer-than-expected rebound of the economy.

Many are sticking to their guns, however, about not "over producing." GM, for example, had a problem keeping up with Chevrolet Equinox and GMC Terrain demand. Both are built at the company's plant in Ingersoll, Ont. But instead of throwing big money at another plant, it addressed the situation with two shrewd moves — adding an Equinox/Terrain line at its Oshawa facility, and introducing the Chevy Captiva, a "fleet only" Mexican-built crossover based on the recently departed Saturn Vue.

Another automaker lesson learned since 2008, is don't alienate your suppliers. When automakers downsized, the supplier community suffered collateral damage. The automakers didn't shed too many tears over this, but now that they're in recovery mode and need more parts, the auto parts suppliers aren't too quick

to shake hands and make nice.

And then there is the leasing lesson: Ford, GM and Chrysler and others stopped leasing vehicles even before 2008, as they failed to manage the risks of using low, monthly leasing payments to move vehicles off lots. To get low leasing rates, they had to artificially inflate the value of what the vehicle would be worth as a used vehicle at lease end. The automakers' in-house leasing companies were often on the hook for these discrepancies, which was exacerbated by a big batch of identical cars entering the used market at the same time, further depressing values.

Ford, GM and Chrysler are, or will soon be, tipping their toes back into leasing, and we wonder how disciplined they will be this time around.

I'm guessing, way more disciplined, but you never know.

## Mazda in the SKY

DRIVING  
FORCEJIL McINTOSH  
DRIVE@METRONEWS.CA

Cars may be easy to operate, but they're incredibly complex machines. As automakers make them more fuel-efficient and reduce their emissions, they must consider how to make changes that will affect the whole vehicle.

Mazda is addressing the challenge with SKYACTIV, a multi-faceted approach that includes engine, transmission and body structure technologies. Rather than focusing on a single vehicle, SKYACTIV will eventually benefit all company models starting in 2012 with the Mazda3.

"It's our philosophy that we want our solution to benefit all Mazda customers, not just a sliver," says Robert Davis, Mazda's North American Operations Senior VP of R&D. "It's a brand strategy, not a model strategy."

The technologies include improved transmissions, lighter weight, lower-cost manufacturing, and engines that combine higher compression and direct gasoline injection to

create the "perfect combustion moment."

It's still important to focus on internal combustion engines (ICE) that use gasoline or diesel, even as automakers work toward electric vehicles.

The logical choice was to start with the engine and work out. "SKYACTIV allows us to do this," says Davis, while maintaining the same environmental commitment.

A major challenge is keeping it affordable, especially with weight, where Mazda's goal is a net reduction of 100 kilograms over the previous model.

Eighty per cent of the target is based on making it lighter, stronger; 12 per cent size; and 8 per cent lightweight materials, Davis says. "The bulk of the body structure changes are in design and not materials. Remember, we sell cars in the mainstream. I would love to put carbon fibre roofs on our cars, but it's not appropriate for us; our customers can't afford that solution."

"We'll get to the point where we have to use lightweight materials in the future," until then, "we have to sharpen our pencils in other places."

MAZDA CANADA



► The 2012 Mazda3 sedan (pictured) and hatchback will be the first to feature some of the new SKYACTIV program.

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# 'The best car nobody's ever heard of'

► Volvo C30 owners seem unanimously impressed

## SECOND GEAR



JUSTIN PRITCHARD  
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The C30 is Volvo's compact three-door hatch, which the Swedish automaker launched on Canadian shores for 2007 to battle the likes of the Audi A3, Mini Cooper, VW GTI, Mercedes B200 and others.

Available solely as a four-seat model with front-wheel drive, the C30 brought Volvo's reputation for safety, uniqueness and refinement into the upscale hatch segment. In the used market, shoppers can consider one of two engines for their C30. Standard was a 2.4-litre inline five-cylinder

### What's the 4-1-1

- **Model:** 2007 to 2010 Volvo C30
- **Vehicle Type:** Three-door hatch
- **Approximate used price range:** \$16,000 to \$26,000

backed by a five-speed manual or five-speed automatic. This particular C30 designation was named the "2.4i," and it developed 168 horsepower.

The C30 "T5" got a turbocharged 2.5-litre five-cylinder engine, good for 218 horsepower and fitted with a six-speed manual. Newer models got a slightly-increased 227 horsepower. Available or standard feature content included a tilt and telescoping steering wheel, a sunroof, automatic



► 2007 Volvo C30

climate control, Volvo's unique waterfall console, antilock brakes, full power accessories, a driver computer, and an 8-speaker stereo with satellite radio.

### What Owners Like

Ride and handling are almost unanimously highly rated amongst C30 owners.

Phrases like "fun to drive," "exciting" and "sporty" were frequently used as descriptors. Shifter feel and a solid, nicely-trimmed cabin are also raved about. One owner in an online forum even called the C30 "the best car nobody's ever heard of."

### What Owners Hate

Heavy doors, a long reach for the seatbelts and hefty fuel consumption with the turbo engine are the more typical owner complaints.

Some owners also wish for an extra set of doors for easier access to the rear seats.

### Common Issues

The C30 isn't a sales superstar — so the availability of consumer-reported reliability information from the usual sources is fairly sparse.

In checks of the usual online forums, things on the dependability front looked fairly solid.

Some digging revealed age-related complaints about broken floor-mat anchors, easily-chipped paint, a rattly rear window, and a trim-piece around the parking brake that often becomes loose. Nothing major.

Avoid any model with a manual transmission that exhibits grinding or slippage, which could indicate a problem with the clutch or gearbox.

### The Verdict

End of the day, a well-maintained C30 should prove unique, fun, enjoyable and reliable.

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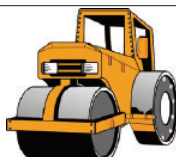
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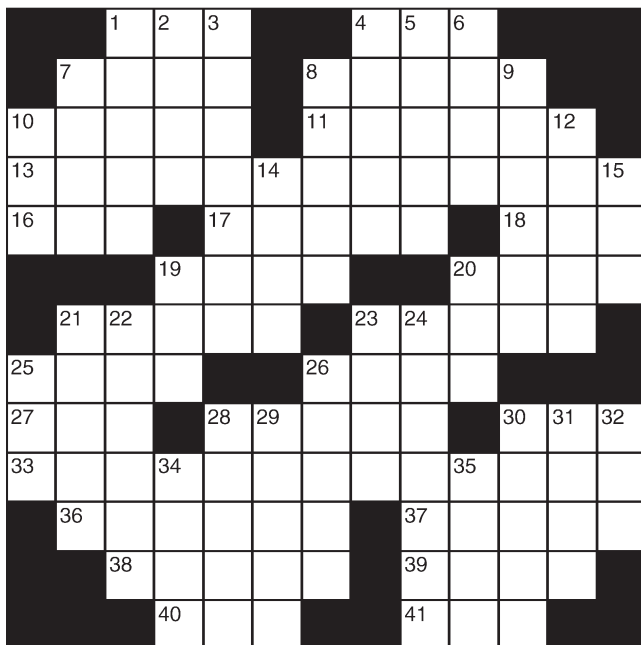
## Crossword

### Across

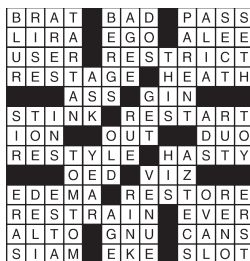
- 1 Cage component  
4 More, to Manuel  
7 Actress Spelling  
8 Island south of Sicily  
10 November birth-stone  
11 Under the weather  
13 Binary array  
16 Marry  
17 Poet James Whitcomb —  
18 Pensioned (Abbr.)  
19 Bohemian  
20 Simple  
21 Guys  
23 Penniless  
25 Coffee shop vessels  
26 Satyrlike figure  
27 Standard  
28 Wrinkly fruits  
30 Bando of baseball lore  
33 Romantic whisperings  
36 Computer style  
37 Motorola smartphone  
38 Considers  
39 Springsteen's "— Fire"  
40 Before  
41 Chow down

### Down

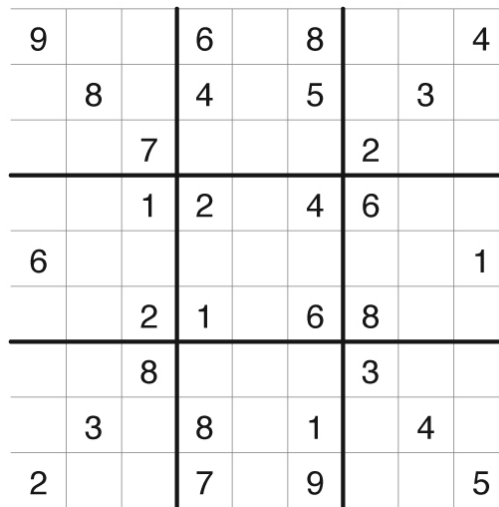
- 1 Lassoed  
2 Alternatives to 401(k)s  
3 More than just odd  
4 Corn  
5 Cats' bailiwick  
6 Commotion  
7 Color quality  
8 With fervor  
9 Parka  
10 AAA job  
12 Silliness symbols  
14 Little lice  
15 Pigeon  
19 Commercials  
20 A billion years  
21 Elongate vowels, maybe  
22 Illiterate  
23 Worms, often  
24 "The Satanic Verses" author  
25 Boom times  
26 Disasters



### ► Yesterday's answer



## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

3	7	2	4	1	9	8	5	6
5	8	9	6	7	2	1	4	3
1	4	6	8	5	3	2	9	7
2	5	7	9	4	8	3	6	1
4	3	8	1	6	7	9	2	5
9	6	1	2	3	5	7	8	4
8	1	4	3	9	6	5	7	2
7	9	3	5	2	4	6	1	8
6	2	5	7	8	1	4	3	9

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*Jennifer, You are the most amazing and beautiful girl I have ever seen. Even when your at your worst, you remind me of the rainbow. Your sweet, funny and great to be around. Love you long time boo LOVE ALWAYS, SB*

*Happy Birthday, Sleeping Beauty. Wish you all the happiness and joy for today and always. I treasure all our special moments and look forward to many more with you. With lots of love, J'taime. PRINCE CHARMING*

*i love you xubi! Thank you for being such an amazing husband.. U make everyday beautiful =) ... LOVE, HINU!*

*Dear Marie, Just a small poem to thou from thee. U r amazing it is plain to see, I am very happy that U and I spells we. XOXO GEMINIGUY*

## Today's horoscope

♈ **Aries** March 21-April 20 Get it together. Create something amazing over the next day.

♉ **Taurus** April 21-May 21 Others may worry about the future, but you know that what's to come isn't yet written.

♊ **Gemini** May 22-June 21 It's always important to get your timing right, and now is the time to make your mark.

♋ **Cancer** June 22-July 22 Force yourself to make an effort. The results will be surprising, and the rewards will be amazing.

♌ **Leo** July 23-Aug. 23 Find new ways to explore your world. Do something exciting.

♍ **Virgo** Aug. 24- Sept. 22 While others take risks and look foolish, you weigh odds and make the right moves.

♎ **Libra** Sept. 23-Oct. 23 Sometimes, you have no choice but to follow someone who has a better proposal. It's that time.

♏ **Scorpio** Oct. 24-Nov. 22 It's not often that you act on impulse, but you'll do so today. It's all or nothing.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

♐ **Sagittarius** Nov. 23-Dec. 21 Be creative and try something new. Aim high, then go higher.

♑ **Capricorn** Dec. 22-Jan. 20 If a friend offers you advice, you would be wise to pin back your ear lobes and listen.

♒ **Aquarius** Jan. 21-Feb. 18 The first idea that comes to mind is the one you must follow, no matter how strange.

♓ **Pisces** Feb. 19-March 20. If you're brave enough to follow your gut, you might make a fortune. SALLY BROMPTON

## Caption contest



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